

March

Islip Schools 2010

Monday

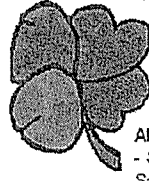
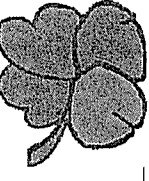
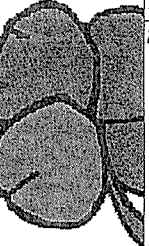
Tuesday

Wednesday

Thursday

Friday

National School Breakfast Week



1
Choice of
1. HAMBURGER on W/G BUN
2. CHEESEBURGER on W/G BUN
3. CHICKEN PATTY on W/G BUN
Plus
MASHED SWEET POTATO
MIXED FRUIT CUP, MILK

8
Choice of
1. HAMBURGER on W/G BUN
2. CHEESEBURGER on W/G BUN
3. CHICKEN PATTY on W/G BUN
Plus
CORN, MIXED FRUIT CUP
MILK - Variety
TINA'S II PIZZA M.S.

15
Choice of
1. HAMBURGER on W/G BUN
2. CHEESEBURGER on W/G BUN
3. CHICKEN PATTY on W/G BUN
Plus
MASHED SWEET POTATO,
MIXED FRUIT CUP, MILK

22
Choice of
1. HAMBURGER on W/G BUN
2. CHEESEBURGER on WHOLEGRAIN BUN
3. CHICKEN PATTY on W/G BUN
Plus
GLAZED CARROTS
SLICED PEACHES, MILK
TINA'S II PIZZA SHERWOOD

2
Choice of
1. BBQ PORK ON W/G ROLL
2. HOMEMADE CHEESY BREAD
WITH MARINARA SAUCE
Plus CORN, FRESH APPLE
MILK - Variety
TINA'S II PIZZA COMMACK

Choice of
1. EGG, HAM & CHEESE ON ENGLISH MUFFIN
2. FRENCH TOAST STICKS, SAUSAGE Plus POTATO WEDGES
SLICED ORANGES
MILK - Variety
TINA'S II PIZZA WING

Choice of
1. BBQ RIBS ON W/G BUN
2. MACARONI AND CHEESE
Plus
GREEN BEANS
PEACH CUP
MILK - Variety

23
Choice of
1. SPAGHETTI & MEATSAUCE
2. NEW ITEM CHEESE FILLED BREADSTICK
Plus
SALAD, TOSSED PEAR CRISP, MILK

3
Choice of
CHICKEN ENTREES
Plus
FRESH BABY CARROTS
STRAWBERRY CUP
MILK - Variety

10
Choice of
1. CHICKEN NUGGETS
2. TURKEY CAESAR WRAP
Plus
Capri Salad-MOZZARELLA & TOMATO
APPLE SLICES, MILK - Variety

17
HAPPY ST. PATRICKS DAY
Choice of
1. CHICKEN NUGGETS
2. AMERICAN PARTY HERO
Plus
GARDEN SALAD
APPLESAUCE, MILK
HOLIDAY SUGAR COOKIES

24
Choice of
1. CHICKEN NUGGETS
2. NEW ITEM EGG SKILLET FRITTATA
SAUSAGE PATTY
Plus
POTATO WEDGES
FRESH APPLES, MILK

4
NEW ITEM Choice of
1. HAM & CHEESE ON PRETZEL BUN
2. TURKEY & CHEESE ON PRETZEL BUN
Plus
SALAD, TOSSED PEACH CUP, MILK

Choice of
1. MEATBALL HERO
2. SPAGHETTI & MEATBALLS
Plus
TOSSED SALAD
FRESH PEAR
MILK - Variety

18
Choice of
1. TACO WITH CHEESE
2. NACHOS WITH GROUND BEEF
Plus
Lettuce, TOMATO, CHEESE
BLUEBERRY WHIP
MILK - Variety

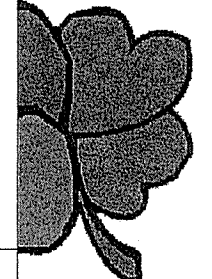
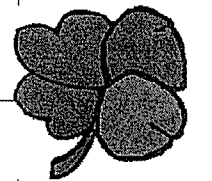
25
Choice of
1. BRD. MOZZARELLA STICKS
MARINARA SAUCE,
ITALIAN BREAD
2. COOK'S SURPRISE
Plus
GREEN BEANS
DICED PEARS, MILK

5
Choice of
1. PIZZA VARIETIES
2. EGG & CHEESE ON BAGEL
GREEN BEAN SALAD
FRESH PEAR
MILK - Variety

12
Choice of
1. PIZZA VARIETIES
2. Colby Cheese Omelet
DINNER ROLL
Plus
GLAZED CARROTS
APPLESAUCE
MILK - Variety

19
Choice of
1. PIZZA VARIETIES
2. EGG & CHEESE ON BAGEL
Plus
CORN
FRESH APPLES
MILK - Variety

26
Choice of
1. PIZZA VARIETIES
2. Colby Cheese Omelet
DINNER ROLL
Plus
VEGETABLE DU JOUR
FRUIT DU JOUR
MILK - Variety



ALTERNATE LUNCHES:
- SMUCKER'S UNCRUSTABLES PB&J Sandwich
- BAGEL LUNCH (Tues. & Thurs.) Includes: Fresh Bagel, Cream Cheese/Butter Blend & 2oz. Cheese OR 8 OZ YOGURT
- Cheese Sandwich
LOOK FOR OUR NEW BUC SALAD ENTREES OFFERED THROUGHOUT THE MONTH

AVAILABLE DAILY:
- Tossed Salad or Veggie Sticks or Hot Veg. or Veggie Soup
- Fresh Fruit or Cnd. Fruit in light syrup
- Choice of 1% Milk: white, chocolate, strawberry
Whole Grain Bread Products and Pizza Crusts are used whenever possible.

Meal Prices:
Lunch - \$1.75 Reduced - \$.25
Bkft. - \$1.00 Reduced - \$.25
Extra Entree - \$1.25/ Double Lunch - \$2.00
Pre-Paid Lunches Available: Prepay \$30.00 and receive a FREE BONUS LUNCH.
Checks payable to: **Islip School Lunch Program.**



March is
National Nutrition Month
EAT RIGHT



Carol Ann Grodski, M.S., R.D., CD/N
Food Service Director 859-2382
Commack Rd. 859-2320
Sherwood 859-2339
Wing 859-2351