






Monday

Tuesday

Wednesday

Thursday

Friday

<p>ALTERNATE LUNCHES: - DANMALS Yogurt w/ Scooby Gaham Crackers. - SMUCKER'S UNCRUSTABLES PB&J Sandwich - BAGEL LUNCH (Tues. & Thurs.) includes: Fresh Bagel, Cream Cheese/Butter Blend & 2oz. Cheese - Cheese Sandwich</p>	<p>AVAILABLE DAILY: - Tossed Salad or Veggie Sticks or Hot Veg. or Veggie Soup - Fresh Fruit or Cnd. Fruit in light syrup - Choice of 1% Milk: white, chocolate, strawberry Whole Grain Bread Products and Pizza Crusts are used whenever possible.</p>	<p>Carol Ann Grodski, M.S., R.D., CD/N Food Service Director 859-2382 Commack Rd. 859-2320 Shenwood 859-2339 W/ing 859-2351</p> 	<p>1 Choice of 1. RAINBOW GRILLED CHEESE 2. CHEESY BREAD Plus GREEN BEAN SALAD APPLESAUCE MILK - Variety</p>	<p>2 Choice of 1. PIZZA VARIETIES 2. TURKEY CHEESE VEG WRAP Plus TOSSED SALAD SLICED PEARS MILK - Variety</p>
<p>5 Choice of 1. HAMBURGER ON W/G BUN 2. CHEESEBURGER W/G BUN 3. CHICKEN PATTY W/G BUN Plus BAKED FRENCH FRIES SLICED PEACHES MILK - Variety</p>	<p>6 NATIONAL GERMAN FESTIVAL DAY 1. HOT SOFT PRETZEL WITH CHEESE SAUCE 2. HOT DOG ON A BUN Plus GARDEN SALAD APPLES, Fresh MILK - Variety</p>	<p>7 Choice of 1. CHICKEN NUGGETS W/ DIPS & BREAD 2. CHICKEN TENDERS PLUS Whole Grain Rice GRAPE TOMATOES WITH RANCH DRESSING PEAR HALVES, MILK - Variety</p>	<p>8 Choice of 1. SPAGHETTI AND MEAT SAUCE 2. SLOPPY JOE ON W/G BUN Plus FRESH BABY CARROTS FRUITED JELLO MILK - Variety</p>	<p>9 Choice of 1. PIZZA VARIETIES 2. VEGGIE PIZZA Plus GREEN BEANS ORANGE WEDGES MILK - Variety</p> 
<p>12 COLUMBUS DAY HOLIDAY NO SCHOOL  CELEBRATE NATIONAL SCHOOL LUNCH WEEK OCT 12-16</p>	<p>13 Choice of 1. HAMBURGER ON W/G BUN 2. CHEESEBURGER W/G BUN 3. CHICKEN PATTY W/G BUN Plus BABY CARROTS CRUNCHERS APPLESAUCE MILK - Variety</p>	<p>14 Choice of 1. CHICKEN RINGS W/ ASST. DIPS & BREAD 2. CHICKEN SNACK WRAP Plus GREEN BEAN SALAD BLUEBERRY CRISP MILK - Variety</p>	<p>15 Choice of 1. TACO WITH CHEESE 2. NACHO GRANDE Plus SALAD, TOSSED APPLES, Fresh MILK - Variety</p>	<p>16 Choice of 1. PIZZA VARIETIES 2. TURKEY SALAD SANDWICH ON W/G BREAD Plus CORN SLICED PEACHES MILK - Variety</p>
<p>19 Choice of 1. HAMBURGER ON W/G BUN 2. CHEESEBURGER W/G BUN 3. CHICKEN PATTY W/G BUN Plus BAKED FRENCH FRIES FRESH SLICED ORANGES MILK - Variety</p>	<p>20 Choice of 1. BREAUDED MOZZARELLA STICKS W/ TOMATO SC./ITAL. BRD 2. Capri Salad-MOZZARELLA CHEESE AND TOMATOES Plus VEGGIE STICKS APPLESAUCE MILK - Variety</p>	<p>21 Choice of 1. CHICKEN NUGGETS W/ DIPS & BREAD 2. TURKEY CHEESE VEG WRAP Plus SWEET POTATO, BAKED SL. PEACHES MILK - Variety</p> 	<p>22 Choice of 1. EGGS AND HAM ON A BAGEL 2. Cinn Glazed French Toast Plus POTATO WEDGES 100% ORANGE JUICE MILK - Variety</p>	<p>23 Choice of 1. PIZZA VARIETIES 2. VEGGIE PIZZA Plus GREEN BEANS MIXED FRUIT CUP MILK - Variety</p>
<p>26 Choice of 1. HAMBURGER ON W/G BUN 2. CHEESEBURGER W/G BUN 3. CHICKEN PATTY W/G BUN Plus CORN STRAWBERRIES MILK - Variety</p> 	<p>27 Choice of 1. TACO W/ CHEESE 2. NACHO GRANDE Plus GLAZED CARROTS PEAR HALVES MILK - Variety</p>	<p>28 Choice of 1. POPCORN CHICKEN 2. BBQ CHICKEN Plus WHEAT BREADSTICK BROCCOLI FLORETS APPLES, Fresh MILK - Variety</p>	<p>29 Choice of 1. SPAG, MEAT SC. & CHEES 2. MEATBALL HERO Plus GREEN BEAN SALAD SL. PEACHES MILK - Variety</p>	<p>30 HAPPY HALLOWEEN 1. PIZZA VARIETIES 2. TURKEY & CHEESE SANDWICH Plus HEALTH SALAD SPOOKY FRUIT ICE MILK - Variety</p>

