

LUNCH PRICES:

Complete Lunch \$2.00
Reduced Price \$.25
Milk \$.50



ISLIP MIDDLE SCHOOL MENU 2009-2010



PREPAYMENT DISCOUNT

For every payment of \$30.00 receive a FREE bonus lunch !!! Prepay \$60.00 Receive 2 FREE, \$90.00 3 FREE, etc.

**Make checks payable to:
Islip School Lunch Program**



DAILY BREAKFAST SPECIALS \$1.00



LOOK FOR DAILY HOUSE SPECIALS

MONDAY



CHICKEN KITCHEN

Chicken Specialty of the Day
May include any of the following:

**NUGETTS, PATTY,
SPICEY, POPCORN,
TENDERS OR DRUMMIES**



PIZZA

ALTERNATE MONDAYS

**SPECIAL FEATURE OF
THE DAY—
CHECK MENU BOARD**

Salad/Hero/Wrap Special
May include any of the following:

CHICKEN CAESAR SALAD,
GRILLED VEGGIE WRAP, AMERICAN
PARTY HERO, BAGEL LUNCH WITH
CHEESE, YOGURT OR
PEANUT BUTTER

OR WRAP OF THE DAY



INCLUDED WITH LUNCH:

Vegetable Choices: Tossed Salad,
Veggie Sticks, Hot Vegetable or
Vegetable Soup

Fruit Choices:

Fresh Fruit Assortment, Chilled
Fruit in Lite Syrup or Homemade
Fruited Dessert

Milk Choices: Include: Skim OR
1% white, Chocolate or Strawberry

TUESDAY



BRUNCH FOR LUNCH

May include any of the following:
FRENCH TOAST, SAUSAGE,
BREAKFAST EGG SANDWICH,
BAGEL HAM & CHEESE MELT
EGG McISLIP MUFFIN

ALTERNATE TUESDAYS



WESTERNCHOICES

May include any of the following:

OPEN FACE TURKEY & GRAVY
SANDWICH, **RIBS OR**
**BARBEQUE CHOICE OF
THE DAY**



Salad/Hero/Wrap Special
May include any of the following:

HAM, CHEESE, VEGGIE WRAP,
ORIENTAL CHICKEN SALAD
FRESH FRUIT OR VEG, CHEESE &
CRACKER PLATTER, OR
BAGEL LUNCH WITH CHEESE, YOGURT
OR PEANUT BUTTER

INCLUDED WITH LUNCH:

Vegetable Choices: Tossed Salad,
Veggie Sticks, Hot Vegetable or
Vegetable Soup

Fruit Choices:

Fresh Fruit Assortment, Chilled
Fruit in Lite Syrup or Homemade
Fruited Dessert

Milk Choices: Include: Skim OR
1% white, Chocolate or Strawberry

WEDNESDAY



FIESTA DAY

May include any of the following:

TACO with Cheese, Salsa, Lettuce &
Tomato IN HARD OR SOFT SHELL

NACHO GRANDE with Cheese,
Salsa, Lettuce & Tomato

QUESADILLA with Salsa

FIESTA PIZZA

TACO MAX SNAXX
With Salsa



FAJITAS

Salad/Hero/Wrap Special
May include any of the following:

FRESH FRUIT SALAD W/ YOGURT,
CRISPY CHICKEN SALAD OR
TACO SALAD, BAGEL LUNCH WITH
CHEESE, YOGURT OR PEANUT BUTTER



INCLUDED WITH LUNCH:

Vegetable Choices: Tossed Salad,
Veggie Sticks, Hot Vegetable or
Vegetable Soup

Fruit Choices:

Fresh Fruit Assortment, Chilled
Fruit in Lite Syrup or Homemade
Fruited Dessert

Milk Choices: Include: Skim OR
1% white, Chocolate or Strawberry

Fresh Baked Cookie Day

3/\$1.00

THURSDAY



ITALIAN FEAST

MEATBALL HERO PARMAGIANA

ITALIAN PASTA SPECIALTIES
May include: **Ziti**, Lasagna, Ravioli,
Stuffed Shells, Eggplant Parmagiana

ALTERNATE THURSDAYS

PIZZA DAY



ANY OF THE FOLLOWING VARIETY
OF PIZZA:
Wedge, Square, Stuffed Crust, Pepper-
oni, Vegetable, French Bread, Bagel,
Deep Dish



Salad/Hero/Wrap Special
May include any of the following:

CHICKEN CAESAR WRAP,
CAPRI SALAD WITH MOZZARELLA,
TOMATO, BASIL AND BREAD STICK,
ITALIAN PARTY HERO, OR BAGEL
LUNCH WITH CHEESE, YOGURT OR
PEANUT BUTTER

INCLUDED WITH LUNCH:

Vegetable Choices: Tossed Salad,
Veggie Sticks, Hot Vegetable or
Vegetable Soup

Fruit Choices:

Fresh Fruit Assortment, Chilled
Fruit in Lite Syrup or Homemade
Fruited Dessert

Milk Choices: Include: Skim OR
1% white, Chocolate or Strawberry

FRIDAY



ALL AMERICAN

BUCCANEER BURGER

CHICKEN ON A BUN OR
SPICEY CHICKEN ON BUN

FRIDAY IS FRENCH FRY DAY
SOLD WITH THE LUNCH
OR A LA CARTE



ALTERNATE FRIDAYS

SOFT NY PRETZELS WITH
LF CHEESE SAUCE



**OR
GREEK CHOICE**



May include any of the following:
GYRO, GREEK PIZZA, CHICKEN
SOUVLAKI

Salad/Hero/Wrap Special
May include any of the following:

TURKEY, CHEESE & VEGGIE WRAP,
TURKEY SALAD, GREEK SALAD,
TUNA SALAD OR BAGEL LUNCH WITH
CHEESE, YOGURT OR PEANUT BUTTER

INCLUDED WITH LUNCH:

Vegetable Choices: Tossed Salad,
Veggie Sticks, Hot Vegetable or
Vegetable Soup

Fruit Choices:

Fresh Fruit Assortment, Chilled
Fruit in Lite Syrup or Homemade
Fruited Dessert

Milk Choices: Include: Skim OR
1% white, Chocolate or Strawberry